



CALENDAR

FRIDAY, JULY 2

Kabbalat Shabbat 7:00 p.m.
 Candle Lighting 8:12 p.m.

SATURDAY, JULY 3

Shacharit 9:00 a.m.
 Torah Reading: PINCHAS
 Numbers 25:10-30:1

FRIDAY, JULY 9

Kabbalat Shabbat 7:00 p.m.
 Candle Lighting 8:10 p.m.

SATURDAY, JULY 10

Shacharit 9:00 a.m.
 Torah Reading: MATOT- MASEI
 Numbers 30:2- 36:13

Aufruf of Alex Grinblatt, fiancé of Dr. Sheri Balsam

**FRIDAY, JULY 16
 SHABBAT CHAZON**

Kabbalat Shabbat 7:00 p.m.
 Candle Lighting 8:06 p.m.

SATURDAY, JULY 17

Shacharit 9:00 a.m.
 Torah Reading: DEVARIM
 Deuteronomy 1:1-3:22
 Shabbat Concludes 9:10 p.m.
 Erev Tisha B'Av

**SUNDAY, JULY 18
 TISHA B'AV**

Shacharit 9:00 a.m.

**FRIDAY, JULY 23
 SHABBAT NACHAMU**

Kabbalat Shabbat 7:00 p.m.
 Candle Lighting 8:01 p.m.

SATURDAY, JULY 24

Shacharit 9:00 a.m.
 Torah Reading: VAETCHANAN
 Deuteronomy 3:23-7:11

FRIDAY, JULY 30

Kabbalat Shabbat 7:00 p.m.
 Candle Lighting 7:54 p.m.

SATURDAY, JULY 31

Shacharit 9:00 a.m.
 Torah Reading: EKEV
 Deuteronomy 7:12-11:25

FRIDAY, AUGUST 6

Kabbalat Shabbat 7:00 p.m.
 Candle Lighting 7:46 p.m.

SATURDAY, AUGUST 7

Shacharit 9:00 a.m.
 Torah Reading: REEH
 Deuteronomy 11:26-16:17

FRIDAY, AUGUST 13

Kabbalat Shabbat 7:00 p.m.
 Candle Lighting 7:37 p.m.

SATURDAY, AUGUST 14

Shacharit 9:00 a.m.
 Torah Reading: SHOFTIM
 Deuteronomy 16:18-21:9

FRIDAY, AUGUST 20

Kabbalat Shabbat 7:00 p.m.
 Candle Lighting 7:27 p.m.

SATURDAY, AUGUST 21

Shacharit 9:30 a.m.
 Torah Reading: Ki Tetzei
 Deuteronomy 21:10-25:19

FRIDAY, AUGUST 27

Kabbalat Shabbat 7:00 p.m.
 Candle Lighting 7:17 p.m.

SATURDAY, AUGUST 28

Shacharit 9:00 a.m.
 Torah Reading: KI TAVO
 Deuteronomy 26:1- 29:8
SELICHOT



Rabbi
Bruce Ginsburg

“THOSE LAZY, HAZY DAYS OF SUMMER”

During July and August, our congregational calendar deceptively seems to reflect the mood so aptly described once upon a time by Nat King Cole as ‘those lazy, hazy days of summer.’ Though the office maintains its frenetic pace (largely in preparation for the High Holidays and the re-opening of Ganoni and our Religious School programs), many aspects of synagogue life fall into an apparent state of slumber. Most classrooms are empty and the lobby is at peace.

Within this misleading envelope of stillness resides a wonderful opportunity. How often have you said, “Gee, I would love to get to services and become more active in shul, but there is so much happening in my life, I never seem to find the time”?

Those lazy, hazy days just might provide you with the moment you’ve waited for – a Friday evening walk to shul (the atmosphere redolent with roses); a chance to sing G-d’s praises at Shacharit and Musaf services with friends and neighbors in the sanctuary you built with time, patience, substance, and love; a refreshing Kiddush to celebrate the emergence from pandemic hibernation; a Shabbat afternoon devoted to Talmud study, the Minchah service, and Pirke Avot in the newly dedicated Kreiss Room; an enchanting opportunity to share in the Havdalah service; a chance to see the children in our summer camp having the time of their lives; a candle-lit recitation of the Book of Lamentations on Tishah b’Av; or the awe-inspiring Selichot service on August 28. Though I will be in Israel the first Shabbat in July, I will be in Woodmere with you the balance of the month and throughout August.

Yes, the synagogue calendar might give the false impression that nothing much is happening at Congregation Sons of Israel this summer. Don’t you be fooled!

Rabbi Bruce Ginsburg

SIGNIFICANT DAYS

SATURDAY, JULY 10 - ROSH CHODESH AV
Beginning of the Nine-Day period during which we refrain from eating meat and drinking wine except on Shabbat or at a Seudat Mitzvah following a Brit Milah or the completion of a Talmudic tractate.

SATURDAY, JULY 17- SHABBAT CHAZON
Derives its name from the Haftorah, which begins with the word Chazon – vision. This chapter contains a denunciation of Israel’s sins. Since the destruction of the Temple was regarded a punishment for sin, this portion is read on the Sabbath before Tisha B’Av.

SATURDAY, JULY 24 - SHABBAT NACHAMU
Shabbat Nachamu derives its name from the Haftorah, which begins with the word Nachamu, “Comfort Ye”. It is read on the Sabbath following Tisha B’Av.

2021 HIGH HOLY DAYS – 5782

SELICHOT
Saturday Evening, August 28 -9:30 p.m.

ROSH HASHANAH EVE
Monday, September 6 7:00 p.m.

ROSH HASHANAH
Tuesday, Wednesday, September 7,8, 8:00 a.m., 7:00 p.m.

YOM KIPPUR EVE- KOL NIDRE
Wednesday, September 15 6:45 p.m.
Thursday, September 16- 9:00 a.m.



TISHAH B’AV SERVICES

Saturday Evening, July 17- 9:15 p.m.

We will commemorate the destruction of the ancient Temple in Jerusalem through prayer, discussion, and the soul-stirring recitation of Megillat Eichah (Lamentations) by candlelight. Don’t miss this age-old tradition, which binds Jews of every generation.

The observance of Tishah b’Av continues Sunday morning, July 18 at 9:00 A.M.



President
Mark Kavarsky

PRESIDENT’S MESSAGE

At CSOI, I often have difficulty separating my professional life as an educator from the role as President. I am always looking for lessons learned or a teachable moment. The past year provided me lots of opportunities to learn new knowledge and skills. Join me as I share with you some of the key phrases that guided my thoughts.

The year began with higher order thinking about TOILET PAPER. How many rolls would I need to survive the pandemic? Where was I going to store the large packs? How would I budget my shopping budget to support the urgency of stocking this item rather than putting food on the table? What was the minimum usage of the paper so that I could extend the life of the stock? The financial analysts along with public health experts of the world were calculating every move to secure our high standards of health. Add the cost analysis of hand sanitizers and masks and a dissertation was in the making. At CSOI, we had to find suppliers and budget accordingly to assure that everyone who attended services or attended our school was safe.

I learned how to follow SOCIAL DISTANCING protocols! I can now manage curbside pick-up and drive-by requests. I never before used the word QUARANTINE in a sentence, let alone spelled it. However, now it is a regular feature of every crossword puzzle. Add the skills of working from home using good time management and Google Classroom. Plus, I have become a skilled remote learner who can ZOOM with the best. Who would have ever believed that, at CSOI, our Rabbi would conduct graveside funerals virtually?

And, I am much more politically informed. BLACK LIVES MATTER, DEFUND THE POLICE, GEORGE FLOYD, HOMELESSNESS, ECONOMIC LOCKDOWN, GUN VIOLENCE, STEAL THE VOTE and the ATTACK ON THE CAPITOL. Working remotely from home provided me more time for STREAMING the news on every imaginable device on topics from politics to people in the news. Conversations at the dinner table morphed from “What’s new?” to “Trivial Pursuit” of every quote or incident of the day. At CSOI, the introduction of Zoom technology safely re-opened the door and invited congregants to stay tuned as we scheduled daily religious and educational experiences for adults and school children.

Let’s not forget the knowledge and skills learned on deciding whether you wanted to be vaccinated. CONSPIRACY THEORIES become the main subject of every health-related decision. Is the vaccine safe? Should I get one or two injections? Should I wait and see what happens? Should I wake up at 2am to make an appointment? Can I speak to someone who can get me an appointment? When will

I be eligible? How long will the vaccination last? What did Dr. Fauci say to do? What are the new CDC guidelines? At CSOI, we navigated through the trials and tribulations of the inoculation process. Presently, a high percentage of our congregants are fully vaccinated. Consequently, we enjoy a greater level of in-person participation at our services and activities.

What were the lessons learned or a teachable moment? I have a few takeaways to share. We were BRAVE, FIRST RESPONDERS, PROBLEM SOLVERS and RESILIENT. We were CARING, FAMILY & FRIEND ORIENTED, COMMITTED and WISE.

We are SURVIVORS!!! Yet, let us not forget the 500,000+ victims of this deadly virus.

So, join me at the many services that are available: Friday night/ Erev Shabbat service, Shabbat services, Monday & Thursday /Rosh Chodesh/On-Demand Shacharit service. Check the CSOI Website for more information regarding the schedule for events. Kindly respond in the affirmative to the Seating Committee as we plan for The High Holidays. And, continue to support the wonderful educational and cultural programs that we offer.

On behalf of the Board of Trustees, I wish you a safe & healthy summer.

Mark Kavarsky

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on the bat mitzvah of their granddaughter, Maayan Shoshana Segal

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on the bar mitzvah of their grandson, Samuel Harris Cohen

LAURIE AND AL KLEINHAUS

on the birth of their great-grandson, Isaac James Rochlin

GEORGENE AND STEVEN WINICK

for being honored by Hadassah

STEPHANIE AND MITCHELL KUROPATKIN

on the engagement of their daughter, Lindsay, to Alec Goldman

JOAN AND DR. MARK KAVARSKY

on the marriage of their son, Gary, to Caitlin Castellano

JULIE GRONOWETTER

on the bat mitzvah of her granddaughter, Isabella Gronowetter

ELLEN AND DR. JAY ENEMAN

on the birth of their grandson, Elijah Lewis Eneman

JACKIE AND DR. RON KAMINER

on the marriage of their son, Joshua, to Cassie Scheiner

BARBARA AND MARTIN SEMEL

on their 65th wedding anniversary

LYNNE AND ARNOLD GORDON

on the birth of their granddaughter, Sophie Keren Kluberg

FELICE AND JOSEPH BALSAM, SHELLEY AND JACK YURKIEWICZ

on the forthcoming marriage of their daughter, niece Dr. Sheri Balsam
to Alex Grinblatt

CHERYL AND WARREN PROSKY

on the engagement of their daughter, Perri to Yossi Muroff

Nachamu Nachamu

The Congregation and Board of Trustees offer their heartfelt condolences to the bereaved families of our members:

LILIANE HARARI

Beloved mother of Helen Werman

SOL ARKER

Beloved husband of Blanche Arker

PHILIP LEFKOWITZ

Beloved husband of Brenda Lefkowitz and dear brother of Bonnie Pinkow

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Beloved father of Lee Schlusssel

ELLEN PARKER

Beloved sister of Dr. Barry Behrens

“May their souls be bound up in the bond of eternal life”

WOODMERE SISTERHOOD - JULY/AUGUST

Along with the rest of CSOI, Woodmere Sisterhood has persevered through this pandemic. Thanks to our diligent, dynamic, and dependable Sisterhood Board, Sisterhood was able to sponsor many old and new programs.

On May 26, we convened our last 2020-21 Lunch and Learn Zoom session. Sisterhood sincerely appreciates Rabbi Ginsburg's continued support. We will initiate our new season in October 2021.

Our next Book Club will take place on July 29, 2021. The book to be discussed is What the Wind Knows by Amy Harmon.

It is with sincere pleasure that we welcome Julia Rosenfeld, Sharon Pesenti, and Nancy Kronick to the Sisterhood Board. We look forward to working with them and appreciate their valuable contribution.

Over the summer, we will restart our Rosh Hashanah greeting card fundraiser. Please watch your mail for further information. Your financial support in this endeavor means a lot to both Sisterhood and the Synagogue.

Rachel Ginsburg's ULPAN will resume in October. Specific dates and times are forthcoming.

Woodmere Sisterhood is planning a Special Sisterhood Shabbat in October. Watch your mail for more information.

We wish the entire Congregation a safe, healthy, and wonderful summer!!!

Thank you for all your support.

PB and J

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SUNDAY, TUESDAY, WEDNESDAY 12:00PM - 5:00PM
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Helene and Alan Rutchik in honor of the birth of their granddaughter, Sloane Avery Goldstein.

Helen Cytryn for the Yahrzeit of her husband, Jack Cytryn.

Sandy Sirulnick for the Yahrzeit of his father, Joseph Sirulnick.

SIRULNICK FUND FOR FAMILY ED.

Lori and Shelley Ginsberg in honor of the birth of Gayle and Barry Machowsky's grandson.

Tammy Sippin for the Yahrzeit of her grandmother, Fanny Kaufman.

Michele Friedman for the Yahrzeit of her mother, Thelma Hurwitz, her father, Rabbi Abraham Herten and her sister, Barbara Herten.

TORAH FUND

Norma Rosenberg in memory of her husband, Richard Rosenberg.

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Marion Lish for the Yahrzeit of her grandmother, Ida Bernstein.

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Marion and Jerry Lish for the Yahrzeit of Ida Bernstein and Nathan Lish.

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Elaine and Brian Rappaport in honor of the Kreiss ceremony.

In honor of the bat mitzvah of Rabbi and Rachel Ginsburg's

Granddaughter, Maayan Shoshana Segal:

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Connie and Jeff Glaser

Helen Ingerman

Linda and Cary Brozik

In honor of the birth of Gayle and Barry Machowsky's grandson:

Lynne and Arnie Gordon

Connie and Jeff Glaser

Lori and Shelley Ginsberg in honor of the birth of Barbara and Bruce Last's grandson.

In honor of Rabbi Burton Cohen's 90th birthday:

Lynne and Arnie Gordon

Woodmere Sisterhood

Connie and Jeff Glaser in honor of the birth of Lori and Shelley Ginsberg's grandson.

Connie and Jeff Glaser in honor of the engagement of Stephanie and Mitchell Kuropatkin's daughter, Lindsay, to Alec Goldman.

Linda and Cary Brozik in honor of Maddy and Ben Lavin's 50th Wedding Anniversary.

Lori and Shelley Ginsberg in honor of Georgene and Steven Winick being honored by Hadassah.

Gail and Barry Group for the continued good health of their daughter, Carolyn Gross.

For the speedy recovery of Don Schiller:

Harriet and Isaac Gefen

Rosalie and Chris Steikovski

Linda and Cary Brozik for Howard Brenner's good health.

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Leland Jacob in memory of Liliane Harari, mother of Helen Werman.

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David Haspel for the Yahrzeit of his father, Abraham Haspel.

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Fred Hirsch for the Yahrzeit of father, Abraham Hirsch.

Helana and Barry Schreiber for the Yahrzeit of Ira Schreiber.

Joan Greenfield for the Yahrzeit of her husband, Dr. Samuel Greenfield, her brother, Hal Goodman and her mother, Dora Goodman.

Lynne Gordon for the Yahrzeit of her grandfather, Sam Gurian.

Rhoda Friedland for the Yahrzeit of her

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Warren Goodman for the Yahrzeit of his father, Howard Goodman.
Barbara and Martin Semel for the Yahrzeit of their daughter, Rhonda B. Semel.
Joan and David Haspel for the Yahrzeit of his sister, Suzanne Posner.
Hilda Liepper for the Yahrzeit of her son, Alan Liepper.
Edythe Birnbaum for the Yahrzeit of her father, William Snyder and her husband, George Birnbaum.

TZEDAKAH FUND:

Richele and Randy Alpert
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Ilene and Scott Nelson in honor of Rabbi Ginsburg.
Harold Klein in honor of Rabbi Ginsburg.

In honor of the bat mitzvah of Rabbi and Rachel Ginsburg's granddaughter, Maayan Shoshana Segal:
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Honey and Leonard Slavit

In honor of Rabbi Burton Cohen's 90th birthday:
Maddi and Ben Lavin
Honey and Leonard Slavit

In honor of Gary Kavarsky's marriage to Caitlin:
Honey and Leonard Slavit
Sharon and Warren Goodman
Harriet Schneider

Woodmere Sisterhood, Joan Kavarsky, Phyllis Brenner and Binnie Stein in appreciation to Rabbi Ginsburg for his scholarly interpretation of the Torah portion of the week during our monthly, Elaine Cheslow Flores "Lunch & Learn"
Maddi and Ben Lavin in honor of the birth of Judy and Gary Baum's grandson.
Honey and Leonard Slavit in honor of Georgene and Steven Winick being honored by Hadassah.
Honey and Leonard Slavit in honor of Joan Greenfield's 90th birthday.
Honey and Leonard Slavit in honor of Maddi and Ben Lavin's 50th Wedding Anniversary.
Honey and Leonard Slavit in honor of the birth of Barbara and Bruce Last's grandson.

In honor of the birth of Laurie and Al Kleinhaus' great-grandson:
Linda and Allen Gralitzer
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Vicki and Alex Sreter in honor of the bat mitzvah of Julie Gronnowetter's granddaughter, Isabella Gronowetter.
Elaine and Brian Rappaport in honor of the bar mitzvah of Harriette and Neal Romanoff's grandson, Samuel Harris Cohen.
Nancy and Stephen Kronick for Mark Kavarsky's good health.
Joan Guskin for the speedy and complete recovery of her mother, Rita Palley.
Vicki and Alex Sreter for the speedy recovery of Dottie Wien.
Honey and Leonard Slavit in memory of Philip Lefkowitz.

In memory of Sol Arker:
Vicki and Alex Sreter
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Myra and Andrew Slepoy in memory of Liliane Harari, mother of Helen Werman.

In memory of Irving Schlusel, father of Lee Schlusel:
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Vicki and Alex Sreter in memory of Dr. David Woldenberg.
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Benjamin Israeli for the Yahrzeit of his mother, Frieda Israeli.
Florence Greenberg for the Yahrzeit of her father-in-law, Joseph Greenberg.
Deborah Rick for the Yahrzeit of her father, David Rosenberg.
Mitchell Teller for the Yahrzeit of his mother, Vivian Teller.
Joan Sherman for the Yahrzeit of her mother, Cecilia Bernstein.
Maddi Lavin for the Yahrzeit of her mother, Dora Weiser.
Maddi Lavin for the Yahrzeit of her father, Adolph Weiser.
Edward Gottlieb for the Yahrzeit of his father, Harry Gottlieb.
David Haspel for the Yahrzeit of his sister, Theresa Bien.
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Mitch Benesowitz for the Yahrzeit of his mother, Sylvia Benesowitz.
Dr. Les Blacksborg for the Yahrzeit of his mother, Sally Blacksborg.
Judy Cohen for the Yahrzeit of her grandfather, David Frisch.
Sol Freedman for the Yahrzeit of his sister, Yetta Katcher Green.
Deidra Graulich for the Yahrzeit of her

father-in-law, Isidore Graulich and her father, Hyman H. Smith.
Judith Luxenberg for the Yahrzeit of her mother, Selma Lebenbaum.
Laurie Kleinhaus for the Yahrzeit of her father, Alfred Meyers.
Harriet Feltheimer for the Yahrzeit of her mother, Hinda Leah Bat Henock.
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Dr. Howard Ditchek for the Yahrzeit of his mother, Ruth Ditchek.
Cyd Rosenberg Weiss for the Yahrzeit of her mother, Barbara Rosenberg.
Norma Rosenberg for the Yahrzeit of her daughter, Laura Rosenberg, and in memory of her husband, Richard Rosenberg.
Steven Epstein for the Yahrzeit of his mother, Florence Epstein.
Anita Sheps for the Yahrzeit of her father, Robert Rosenstein.
Gloria Strauss for the Yahrzeit of her husband, Fred Strauss.
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Seth and Patricia Thaller for the Yahrzeit of father/grandfather, Saul A. Lee.
Eleanor Flomenhaft for the Yahrzeit of her father, Hirsch Wolf.
Sol Freedman for the Yahrzeit of his wife, Phyllis Sharon Freedman.
Steven Kirtman and family for the Yahrzeit of Daniel Kirtman, father/grandfather.
Judith Baum for the Yahrzeiten of her parents, Elsie and Louis Solomon.
Ruth Stern for the Yahrzeit of her mother, Bronia Green.
Dr. Les Blacksborg for the Yahrzeit of his father, Jack Blacksborg.
Vicki Sreter for the Yahrzeit of her father, William Singer.
Helene and Alan Rutchik for the Yahrzeit of their grandfather, Morris Silverberg.
Trudy and Michael Haberman for the Yahrzeit of their grandmother, Sue Greenberg.

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Judy Cohen for the Yahrzeit of her mother, Pauline Frisch.
Judy Cohen for the Yahrzeit of grandmother, Regina Frisch.

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Phyllis and Howard Brenner
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Harriet and Isaac Gefen in honor of the marriage of Lily and Isaac Shauli's son.
Jackie and Ron Kaminer in honor of the marriage of their son, Joshua to Caisie Scheiner.
Gladys Pascher in honor of Mr. and Mrs. Fred Shulman's son, Josh.

In honor of Maddi and Ben Lavin's 50th Wedding Anniversary:

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In honor of Rabbi Burton Cohen's 90th birthday:

Binnie Stein
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In honor of Joan Greenfield's 90th birthday:

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Lori and Shelley Ginsberg
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In honor of the bar mitzvah of Harriette and Neal Romanoff's grandson, Samuel Harris Cohen:

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Binnie Stein

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Binnie Stein
Phyllis and Howard Brenner
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For the speedy recovery of Rita Palley:

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Harriet and Isaac Gefen
Woodmere Sisterhood
Phyllis and Howard Brenner

Kate Kreiss for the speedy recovery of Don Schiller.

For Howard Brenner's good health:

Lori and Shelley Ginsberg
Natalie and Stewart Lyons

In memory of Michele Goldstein's brother:

Natalie and Stewart Lyons
Phyllis and Howard Brenner
In memory of Marion Schleikorn:
Binnie Stein
Gladys Pascher
Jodi and Gabe Shamir
Harriet and Isaac Gefen

In memory of Lee Schlusel's father:

Pepi and Marcel Buchsbaum
Jodi and Gabe Shamir

Kate Kreiss in memory of Philip Lefkowitz.
Kate Kreiss in memory of David Epstein's sister.
Lori and Shelley Ginsberg in memory of Gertrude Meyers.
Binnie Stein in memory of Laura Edelstein.
Alan Boykin for the Yahrzeit of his father, Leonard Boykin.
Dolores Sagalow for the Yahrzeit of her mother-in-law, Betty Sagalow.
Jodi and Gabe Shamir for the Yahrzeit of her father, Hilly Moskowitz.
Larry Greebel for the Yahrzeit of his grandmother, Ida Greebel.
Mark Kavarsky for the Yahrzeit of his father, Sam Kavarsky.

WEBSITE

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CONGREGATION
SONS OF ISRAEL

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Book of Life



Chai Book - 2021

THEY ARE WHAT WE EAT

The Rabbi's Message

“A pregnant woman who eats mustard will have intemperate children. One who eats cress will have bleary-eyed children. One who eats clay will have ugly children.”

“A pregnant woman who eats fish will have graceful children. One who eats parsley will have beautiful children. One who eats an etrog will have fragrant children.”

Ketubot 60b-61a

The Talmud's claim that a mother's diet affects her unborn offspring is no *bubba meinsa*. Though no one has yet conducted a study on the prenatal consequences of etrog consumption, science has conclusively demonstrated that a mother's smoking, alcohol intake and drug abuse will harm her fetus, while healthy living will benefit it. The best thing an expectant mom can do for her future child is to take good care of herself.

This truth applies not only to diet, but to an entire life-style; not only to the mother-to-be, but to both expectant parents. A child's moral and religious education does not begin with Hebrew School registration or the first day of nursery school. At the very latest, it begins *in utero*.

We are told that Rabbi Yehoshua ben Chananiah, the great Mishnaic scholar, began learning Torah before he saw the light of day. According to legend, while pregnant with him, his mother used to attend Bible classes and as a result, gave him a headstart.

Not everyone is destined to be a Rabbi Yehoshua, of course. But his mother can serve as an example to us all. She understood that by taking Judaism seriously herself, she would bestow an incomparable moral and religious advantage upon her child.

Expectant parents who become *shul-goers* before an infant arrives – who start observing Shabbat, studying Torah, giving *tsedakah*, visiting the sick and treating others with respect before stocking up on Pampers – are providing prenatal care which favors spiritually healthy offspring. When prospective mothers and fathers maintain a well-balanced religious diet for themselves, chances are that their children will also respond favorably.

Kids are smart. They know what their parents value by watching them. They also tend to imitate. If you don't want your child to smoke, don't smoke. If you want him to eat properly, eat right yourself.

Those who truly care about their youngster's lifelong commitment to Judaism can best teach by example. The sooner we set the pattern for ourselves, the more likely we will see it reflected in our offspring.

May you and your loved ones enjoy a Shanah Tovah Umtukah!

B'vrakhah,

Rabbi Bruce Ginsburg

Carrie and Eric Abolafia

Remi Jill Abolafia
Joelle Sydney Abolafia
Logan Max Abolafia

Ann and Maurice Acriche

Landon Acriche
Samantha Acriche
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Orly and Daya Baum
Rebecca, Joshua, Anneliese,
Daniel and Alexander Baum
Natalia, Lawrence, Eliana and
Alexis Baum

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Aimee and Avi Winick
Jennifer and Daniel Huttle
Michael Gabriel Winick
Nathan Hunter Winick
Oliver Miles Huttle