



CALENDAR

Shacharit times are listed in anticipation of the moment we can resume regular religious services in the Sanctuary and by way of recommendation as to when you should commence private prayer at home. Shabbat Forshpeis will cease at the point regular Shabbat services resume.

FRIDAY, JULY 3

Shabbat Forshpeis via Zoom 6:00 p.m.
 Candle Lighting 8:12 p.m.

SATURDAY, JULY 4

Shacharit 9:30 a.m.
 Torah Reading: CHUKAT- BALAK
 Numbers 19:1-25:9
 Shabbat Concludes 9:18 p.m.

FRIDAY, JULY 10

Shabbat Forshpeis via Zoom 6:00 p.m.
 Candle Lighting 8:10 p.m.

SATURDAY, JULY 11

Shacharit 9:30 a.m.
 Torah Reading: PINCHAS
 Numbers 25:10-30:1
 Shabbat Concludes after 9:15 p.m.

FRIDAY, JULY 17

Candle Lighting 8:06 p.m.

SATURDAY, JULY 18

Shacharit 9:30 a.m.
 Torah Reading: MATOT- MASEI
 Numbers 30:2-36:13
 Shabbat Concludes 9:10 p.m.

FRIDAY, JULY 24 - SHABBAT CHAZON

Candle Lighting 8:00 p.m.

SATURDAY, JULY 25

Shacharit 9:30 a.m.
 Torah Reading: DEVARIM
 Deuteronomy 1:1-3:22
 Shabbat Concludes 9:03 p.m.

FRIDAY, JULY 31 - SHABBAT NACHAMU

Kabbalat Shabbat 7:00 p.m.
 Candle Lighting 7:53 p.m.

SATURDAY, AUGUST 1

Shacharit 9:00 a.m.
 Torah Reading: VAETCHANAN
 Deuteronomy 3:23-7:11
 Shabbat Concludes 8:55 p.m.

FRIDAY, AUGUST 7

Candle Lighting 7:45 p.m.

SATURDAY, AUGUST 8

Shacharit 9:30 a.m.
 Torah Reading: EKEV
 Deuteronomy 7:12-11:2
 Shabbat Concludes 8:45 p.m.

FRIDAY, AUGUST 14

Candle Lighting 7:36 p.m.

SATURDAY, AUGUST 15

Shacharit 9:30 a.m.
 Torah Reading: REEH
 Deuteronomy 11:26-16:17
 Shabbat Concludes 8:35 p.m.

FRIDAY, AUGUST 21

Candle Lighting 7:25 p.m.

SATURDAY, AUGUST 22

Shacharit 9:30 a.m.
 Torah Reading: SHOFTIM
 Deuteronomy 16:18-21:9
 Shabbat Concludes 8:24 p.m.

FRIDAY, AUGUST 28

Candle Lighting 7:15 p.m.

SATURDAY, AUGUST 29

Shacharit 9:30 a.m.
 Torah Reading: KI TETZEI
 Deuteronomy 21:10-25:19
 Shabbat Concludes 8:12 p.m.



Rabbi
Bruce Ginsburg

A LESSON IN HUMILITY

The Seventeenth of Tammuz is a date which will forever live in infamy: in part, because it inaugurates the period of the Three Weeks stretching from the initial breach of ancient Jerusalem's outer wall to the destruction of the Second Temple on Tishah b'Av. But also, because over a thousand years earlier, it was on that date that Moses shattered the Ten Commandments upon witnessing the Israelites' adoration of the golden calf.

As the Book of Exodus reminds us, Moses wasn't the only one who was angered by such behavior. God, Himself, was so incensed that He declared: "I have seen this people, and, behold, it is a stiff-necked people. Now therefore let Me alone, that My wrath may wax hot against them, and that I may consume them."

Both Moses and God seem to condemn the entire nation with a single broad brush -- but were the Israelites uniformly guilty of the offense? Is it possible that this people, renowned for its diversity of opinion, was unanimous in its acclaim for the molten calf?

In fact, according to a tradition cited by Rabbi Eliyahu Kitov in his *Sefer haToda'ah*, there were four distinct factions in the Israelite camp. Sure enough, there was a small minority who had been fervent practitioners of idolatry in Egypt and immediately relapsed into their old pagan ways. More numerous than this first group, were those who had stepped away from idolatry, but were still sufficiently attracted by it to rejoice vicariously at a slight distance from those who worshiped the calf. Then, there was a third group who were offended by the revelers' behavior, but chose to straddle the fence by also criticizing Israelites who remained steadfast in their faith, decrying both sides as equally wrong. Finally, there were the faithful few, driven to despair by the deplorable actions of their brethren, who declared: "You are not our brothers. You shall not be counted among the congregation of God."

What would seem to explain Moses' and God's blanket condemnation of the Israelites, then, is that while the various subsets of the population responded to circumstances differently, none of the factions acquitted itself well. Clearly, those who celebrated the molten calf actively or vicariously deserved unequivocal censure. And the fence-sitters who failed to make a decisive moral choice between good and evil were culpable, too. That said, what was the shortcoming of the faithful remnant?

Kitov postulates that by sinking into despair -- by giving up on their fellow Jews' capacity for Teshuvah -- even the "righteous" mistakenly ascribed a certain mantic power to the calf. Had their faith in God and Torah been sufficiently strong, they would never have doubted Divine Writ's ultimate hold on the Jewish people.

I recently shared with some of you the insight emerging from Parashat Korach that ever since the exceptional contest between Korach and Moses, there is a kernel of truth to both sides of any argument - that in every dispute, each party is at least a little right. Today, I share with you its corollary, emerging from Kitov's account of the Seventeenth of Tammuz: namely, in every dispute, each party

is at least a little wrong.

In recent weeks, we have witnessed -- and sometime been participants in -- many incendiary differences of opinion. There have been shrill arguments over how quickly to emerge from lockdown in order to rev up the economy, how deep-seated is racism and what needs to be done about it, and how compelling is the case for extending Israeli law to Judea and Samaria. So convinced is each contending party of its own "truth" that all too few actually recognize their own shortcomings.

Let us learn some humility from the Seventeenth of Tammuz. With rare exception, whenever there is an argument, each party is at least a little wrong.

SIGNIFICANT DAYS

WEDNESDAY JULY 22-ROSH CHODESH AV

Beginning of the Nine-Day period during which we refrain from eating meat and drinking wine except on Shabbat or at a Seudat Mitzvah following a Brit Milah or the completion of a Talmudic tractate

SATURDAY, JULY 25-SHABBAT CHAZON

Derives its name from the Haftorah, which begins with the word Chazon -- vision. This chapter contains a denunciation of Israel's sins. Since the destruction of the Temple was regarded a punishment for sin, this portion is read on the Sabbath before Tisha B'Av.

SATURDAY, AUGUST 1- SHABBAT NACHAMU

Shabbat Nachamu derives its name from the Haftorah, which begins with the word Nachamu, "Comfort Ye". It is read on the Sabbath following Tisha B'Av.

TISHAH B'AV SERVICES

Wednesday Evening, July 29-- Minchah 8:00 P.M.

We will commemorate the destruction of the ancient Temple in Jerusalem through prayer, discussion, and the soul-stirring recitation of Megillat Eichah (Lamentations) by candlelight. Don't miss this age-old tradition, which binds Jews of every generation.

The observance of Tishah b'Av continues Thursday morning, July 30 at 6:30 A.M.

2020 HIGH HOLY DAYS – 5781

SELICHOT

SATURDAY EVENING, SEPTEMBER 12-9:30 p.m.

ROSH HASHANAH EVE

FRIDAY, SEPTEMBER 18–6:40 p.m.

ROSH HASHANAH

SATURDAY, SUNDAY, SEPTEMBER 19, 20, 8:00 a.m.,
6:40p.m.

YOM KIPPUR EVE- Kol Nidre

SUNDAY, SEPTEMBER 27 6:30 p.m.
MONDAY, SEPTEMBER 28- 9:00 a.m



President
Mark Kavarsky

But today, the Jewish people are no longer powerless. We have returned to our ancestral homeland. We have demonstrated resiliency and authority over our destiny. Therefore, should we mourn the tragedy or celebrate the renewal/survival?

The answer may not require us to be mutually exclusive. The reading of Eichah concludes with the words “Restore us to You, O L-rd, that we may be restored.” It is chanted with an understanding that the time will soon come when we look back to see that all our suffering was but a prelude to better times, happiness and goodness.

Therefore, I invite you to join us for the Tisha b’Av services in which we understand that despite our setbacks, our struggles and our real losses and deep sufferings, we have overcome. Indeed, our existence today is a triumph of our spirit.

As we pay tribute to the accomplishments of our ancestors, we are pleased to announce that the Board of Trustees has announced that the Panel Room will be renamed The Kreiss Family Meeting Room in honor of the contributions of our past president, Stephen Kreiss z.l. and his family.

As we pay tribute to the ability of the Jewish people to adapt to the COVID-19 challenges, we are pleased to invite you to the restart of Shabbat morning services in our beautiful Sanctuary. And, don’t forget to join Rabbi Ginsburg and Cantor Weiss via Zoom for their Friday evening Shabbat Forshpeis at 6PM.

As we celebrate our resiliency, we announce the restart of the Ganoni summer camp under the supervision of Harriet Gefen and our resourceful educators.

There is something miraculous about the Jewish people, our culture, and our faith.

TISHA B’AV

Tisha b’Av, the Fast of the Ninth of the Jewish month of Av, marks the end of a three week period of mourning during which we remember the Babylonian conquest of Jerusalem and the destruction of the first temple in the year 586 BCE. Sadly, some six hundred years later in the year 70 CE, the Roman legions destroyed the rebuilt second Temple and drove our people into exile. Although, this day is primarily meant to commemorate the destruction of the Temple, overtime, Tisha b’Av has been associated with many painful moments including: the First Crusade declared by Pope UrbanII in which 10,000 Jews were killed (1095 CE), the expulsion of Jews from England accompanied by pogroms and the confiscation of property and books (1290 CE), the Spanish Inquisition (1492 CE), and the beginning of the mass deportation of Jews from the Warsaw Ghetto en route to the Treblinka concentration camp (1942 CE). Clearly, Tisha b’Av is a day of mourning and it requires some of the same prohibitions as Yom Kippur. Moreover, the day is observed by chanting the Book of Lamentations and reciting mourners’ prayers, while sitting on the ground or on stools by candlelight.

The destruction of the Temple was the result of baseless hatred and discrimination. Recent civil rights protests throughout the United States and the world are a response to age-old baseless hatred and discrimination against people of color. The parallels are obvious. On Tisha b’Av, we feel most keenly our sense of powerlessness and our feeling of separation and oppression.

Woodmere Sisterhood

Along with the rest of the world, Woodmere Sisterhood has had to contend with physical distancing as well as the cancellation of several planned activities (i.e. Sisterhood Shabbat). However, our Sisterhood Board has been working diligently behind the scenes.

With thanks to Rabbi Ginsburg, Lunch and Learn sessions continued (without Lunch) on ZOOM. In addition, Sisterhood held its first Virtual Book Club meeting on June 10 when we discussed the book Becoming by Michelle Obama. The event was thoroughly enjoyed by all.

We are planning a ZOOM COOKING demonstration by Naomi Nachman for July 22. Save the date and watch your email for details. Our next virtual book club will occur on July 15. The book to be discussed is House on Endless Waters by Emuna Elon. Plans for the near future may also include a movie night followed by a discussion.

Woodmere Sisterhood would like to wish Elayne and the entire Cheslow-Flores family much happiness in their new home. Elayne has been a treasured member of the Sisterhood Board. Please know that it does not matter how far you go, there will always be a special place for you at Woodmere Sisterhood!

Over the summer, we will restart our Rosh Hashanah greeting card fundraiser. Please watch your mail for our annual Rosh Hashanah Greeting Card fundraiser. Your financial support in this endeavor means a lot to both Sisterhood and the Synagogue.

ATTENTION: SISTERHOOD BOARD VACANCIES

As we plan for next year, we heartily welcome new and veteran Sisterhood members to join our Sisterhood Board and/or Catering Committee. A dynamic, warm, and inspired group of women await you! E-mail us at sisterhoodcsoi@yahoo.com.

We wish the entire congregation a safe, healthy, and wonderful summer!

PB and J

The Congregation gratefully acknowledges the following contributions

SPECIAL DONATIONS

Sandy Sirulnick for the Yahrzeit of his father, Joseph Sirulnick.

TORAH FUND

Richard Amdur for the Yahrzeiten of his parents, Eileen and S. Laurence Amdur.

SIRULNICK FUND FOR FAMILY ED

Breina and Joseph Lampert in memory of Robert Freilich.

Norma and Richard Rosenberg for the Yahrzeit of his father, Hyman Rosenberg.
Richard Amdur for the Yahrzeiten of his parents, Eileen and S. Laurence Amdur.

SYNAGOGUE FUND

Suzanne Held

Northstar Team in memory of Charles Schulman

Binnie Stein in honor of the bar mitzvah of Georgene and Steven Winick's grandson.

Vicki and Alex Sreter in honor of the birth of Mr. and Mrs. Z. Lefkowitz's great-granddaughter.

Sheila and Alan Roth in honor of Lynne and Arnie Gordon's services to Congregation Sons of Israel.

Naomi Coen for the speedy recovery of Ritchie Jedwab.

Woodmere Sisterhood in honor of Shira Shamir's graduation from Harvard Law School.

Woodmere Sisterhood in honor of Benjamin Flores' graduation from HAFTR.

In honor of the birth of Stacey and Mitch Teller's grandson, Simon Lederman:

Lynne and Arnie Gordon

Kate Kreiss

Harriet and Isaac Gefen

Richele and Randy Alpert

Liane Feuer

Woodmere Sisterhood

In memory of Rabbi Ginsburg's mother:

Sherry Bloom

H. Robert Greenbaum

Connie and Jeff Glaser

In memory of Stephen Kreiss:

Paula and Todd Kelson

Sue and Ted Kahn

Fran Mayer

Rita and Brad Ellman

Ernest Heller

Sherry Bloom

H. Robert Greenbaum

Connie and Jeff Glaser

In memory of Heidi Lieberman, granddaughter of Anita Florin:

Lauren Balberg

Michele and Mitch Benesowitz

Richele and Randy Alpert

Valerie and Michael Foxman

Connie and Jeff Glaser

Maddi and Ben Lavin in memory of Karen Blacksborg.

In memory of Robert Freilich:

Judy and Lance Cohen

Richele and Randy Alpert

Kate Kreiss

Ruth and Larry Wachs

Linda Azoff in memory of Sharon Pesenti's father.

In memory of Charles Schulman:

Harmon Schulman

Steve Mollin

Lynne and Arnie Gordon

Sidney Barr and Larry Sperling

In memory of Rosalie Steikovski's brother:

Woodmere Sisterhood

Richele and Randy Alpert

Sheila and Alan Roth

Vicki and Alex Sreter

Helen Ingerman

Vicki and Alex Sreter in memory of Cantor Julian Raber.

Michael Pupkin for the Yahrzeit of his mother, Freda Pupkin.

Faith Moskowitz for the Yahrzeit of her grandmother, Emma Shipper.

Ernest Heller for the Yahrzeit of his wife, Barbara Heller.

Steven Poster for the Yahrzeit of his grandfather, Jacob Poster.

Richard Amdur for the for the Yahrzeiten of his parents, Eileen and S. Laurence Amdur.

Theodore Lowenthal for the Yahrzeit of his father, Barney Lowenthal.

Joel Kaplan for the Yahrzeit of his sister, Charna Eisenberg.

Charlene Kalin for the Yahrzeit of her father, David Schwartz.

Jason Shulman for the Yahrzeit of his father, Samuel Shulman.

TZEDAKAH FUND

Richele and Randy Alpert

Ilene and Scott Nelson in honor of the bar mitzvah of Rabbi and Rachel Ginsburg's grandson, Yehonaton.

In honor of the birth of Stacey and Mitch Teller's grandson, Simon Lederman:

Maddi and Ben Lavin

Honey and Leonard Slavit

Ilene and Scott Nelson in honor of Binnie Stein.

In memory of Rabbi Ginsburg's mother:

Gayle and Barry Machowsky

Sandra and Allan Dantowitz

Mildred David

Judy Berg

Sue and Ted Kahn

Chaym Feldman

Ilene and Scott Nelson

In memory of Stephen Kreiss:

Mildred David

Maddi and Ben Lavin

In memory of Heidi Lieberman, granddaughter of Anita Florin:

Maddi and Ben Lavin
Roslyn Hoffman
Joan Guskin

In memory of Charles Schulman:

Rabbi Burton Cohen
Honey and Leonard Slavit

Liane Feuer in memory of Charles Serota.
Sonia Baum in memory of Fanny Kaufman.

Honey and Leonard Slavit in memory of Rosalie Steikovski's brother.

Joseph Lampert for the Yahrzeit of his father, David Lampert.

Wendy Muchnick for the Yahrzeit of her father, Samuel Glick.

Robert Solomon for the Yahrzeit of his mother, Marion D. Solomon.

Harriet Kagan for the Yahrzeit of her brother, Mitchell Leventhal.

Sol Freedman for the Yahrzeit of his sister, Yetta Katcher Green.

Sol Freedman for the Yahrzeit of his wife, Phyllis Freedman.

Gertrude and Dennis Meyers for the Yahrzeit of father, Alfred Meyers.

Ted Kahn for the Yahrzeit of his father, Murray Kahn.

Dolores Sagalow for the Yahrzeit of her mother-in-law, Betty Sagalow.

Richard Amdur for the Yahrzeiten of his parents, Eileen and S. Laurence Amdur.

Linda Gralitzer for the Yahrzeiten of her parents, Sylvia and Bernard Rappaport.

Edyth Birnbaum for the Yahrzeit of her father, William Snyder.

Steven Sherman for the Yahrzeit of his father, Samuel Sherman.

Steven Epstein for the Yahrzeit of his mother, Florence Epstein.

Anita Sheps for the Yahrzeit of her father, Robert Rosenstein.

Tammy Sippin for the Yahrzeit of her grandmother, Fanny Kaufman.

Ryssa Sreter for the Yahrzeit of her father, William Singer.

Sandra Kolbrener for the Yahrzeiten of her parents, Anne and Harry Heller.

Joan Sherman for the Yahrzeit of her mother, Cecilia Bernstein.

BUILDING FUND

In honor of the birth of Stacey and Mitch Teller's grandson, Simon Lederman:

Harriette and Neal Romanoff
Woodmere Sisterhood

In memory of Stephen Kreiss:

Richele and Randy Alpert

Gayle and Barry Machowsky

Judy Cohen for the Yahrzeit of her mother, Pauline Frisch.

Richard Amdur for the Yahrzeiten of his parents, Eileen and S. Laurence Amdur.

GENERAL FUND

In honor of the birth of Stacey and Mitch Teller's grandson, Simon Lederman:

Natalie and Stewart Lyons

Phyllis and Howard Brenner

Barbara and Bruce Last

Binnie Stein

Gayle and Barry Machowsky

Jodi and Gabe Shamir

Paula and Jordan Rosenfeld in honor

of Phyllis and Howard Brenner's 50th

Wedding Anniversary.

Paula and Jordan Rosenfeld in appreciation

to Rabbi for his Zoom Classes.

Paula and Jordan Rosenfeld in appreciation to Andrew and Aaron Kahn for their Zoom Children's Classes.

Natalie and Stewart Lyons in honor of Shira Shamir's graduation from Harvard Law School.

Joan and Mark Kavarsky in memory of Betty Neuwelt.

Phyllis and Howard Brenner in memory of Dr. Phyllis Cahn and Dr. Arthur Ezra.

Lynne Jacofs in memory of Rabbi

Ginsburg's mother.

Lynne Jacofs in memory of Stephen Kreiss.

In memory of Heidi Lieberman, granddaughter, of Anita Florin:

Barbara Last

Joan and Mark Kavarsky

Lynne Jacofs

In memory of Robert Freilich:

Phyllis and Howard Brenner

Harriet and Isaac Gefen

Barbara and Bruce Last

Binnie Stein

Liane Feuer

Joan and Mark Kavarsky

In memory of Charles Schulman:

Fran and Jerry Rosen

Natalie and Stewart Lyons

Binnie Stein

Rae and Gary Kerzner

Barbara and Bruce Last in memory of Rosalie Steikovski's brother.

Richard Amdur for the Yahrzeiten of his parents, Eileen and S. Laurence Amdur.

Binnie Stein for the Yahrzeit of her grandfather, Joseph Katcher.

We Extend Mazal Tov To:

GEORGENE AND STEVEN WINICK AND BERNYCE WINICK

on the bar mitzvah of their grandson/great-grandson

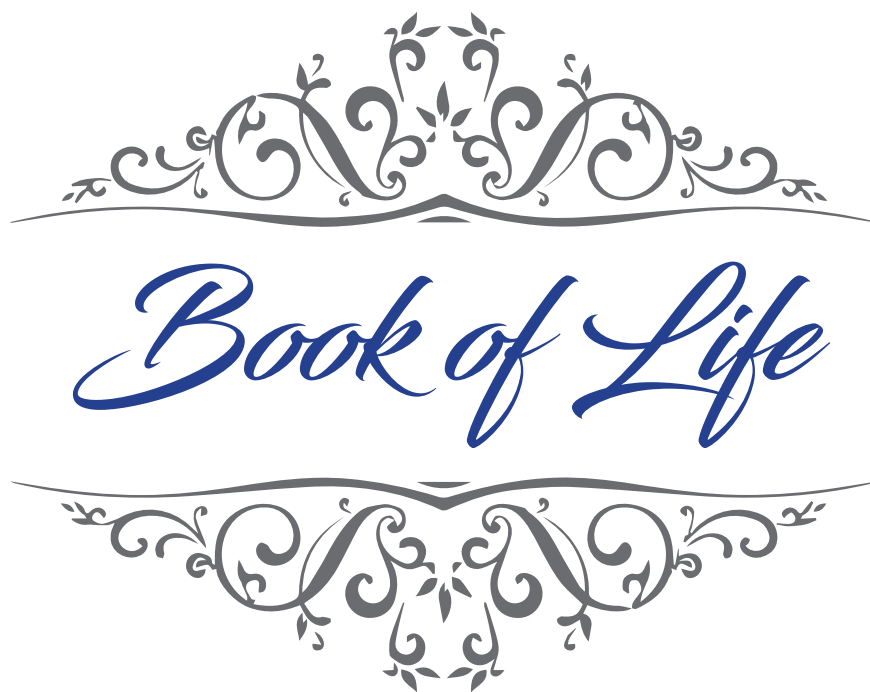
ANNE AND LEONARD THUN AND BARBARA AND BRUCE LAST

on the birth of their great-grandson/great-nephew



CONGREGATION
SONS OF ISRAEL

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Chai Book - 2020

THE CHILD IS IN US YET

“Much have I learned from my teachers: even more so from my colleagues; but more than from all of them did I learn from my students.”
(Ta’anit 7a)

During my undergraduate, graduate, and rabbinic studies, I was exposed to some of the greatest minds in the world – professors of art, literature and philosophy; legendary masters of Talmud, Bible, Midrash, and history. Each in his or her own way opened my eyes to intellectual and spiritual insights I had never considered before. I am eternally indebted to them for having enriched my life.

That said, it might well be argued that I have learned even more from my rabbinic colleagues. Not only have they shown me that a commitment to individual Torah study and observance is possible, but that a person’s ideals, convictions and courage can survive the “real world” and even transform it.

It is only with the utmost respect for my teachers and colleagues, then, that I affirm the Talmudic dictum which turns standard expectations on their heads. Indeed, as much as I have learned from professors and peers, I have learned even more from my pupils. And if that can be said regarding students of all ages, it most certainly can be said of the children among them.

Children are blessed with boundless curiosity, an insatiable appetite for the truth, and an instinctive knack for asking the core question. They won’t let you get away with a subterfuge (“But why, Mommy, why?”). Deference to ignorance is not their game.

Many are the children whose questions have sent me to the library. Their innocence, their trust in our wisdom, their rapidly growing minds challenge our complacency and keep us young. Whenever we look into their eyes, we realize that the child is in us yet. We grow and flourish only to the degree that together with our young we write the next chapter in the Book of Life.

The Talmudic Tractate Berakhot advises us – “Don’t read *banayikh* (your children), but *bonayikh* (your builders).” For so long as our children study Torah with us, they shall be our builders – guaranteeing a vital future for the values we hold dear.

Rabbi Bruce Ginsburg

We are proud to list the children, nieces and nephews of our following members:

Carrie and Eric Abolafia

Remi Jill Abolafia
Joelle Sydney Abolafia
Logan Max Abolafia

Ann and Maurice Acriche

Landon Acriche
Samantha Acriche
Ian Acriche

Richele and Randy Alpert

Rene Gold
Alex Gold
Sarah Alpert
Matt Alpert
Ethan Alpert
Talia Alpert

Judy and Dr. Gary Baum

Jodi, Lee, Max and Evan Baum
Danielle Antin-Ozerkis, Eric,

Orly and Daya Baum
Rebecca, Joshua, Anneliese,
Daniel and Alexander Baum
Natalia, Lawrence, Eliana and
Alexis Baum

Gail and Sheldon Bender

Jonah Evan Bender
Jade Rose Bender
Cora Beatriz Bender
Casey Logan Bender

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Bernstein**

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Alexandra Buchsbaum

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Galya Yonit Cohen
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Bryce
Lane
Mack
Evan and Meredith Eneman
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Amy and Ross Epstein

Sydney Epstein
Olivia Epstein
Jordan Epstein
Kate Epstein

Jane and Edward Farman

Maxine Fay Farman
Esther Rae Farman
Rachel Anne Cooper
Phoebe Sarah Cooper
Kal Isaac Farman
Asa Burke Farman
Ione Rose Farman
Del Henry Farman

Dr. Marvin Feller

David Feller
Adam Feller
Alan Feller
Cory Feller
Brett Feller
Shane Feller
Brandon Feller

Shirley Fisher

Mark Fisher
Jessica Fisher
Daniel Fisher
Eloah Fisher
Lucas Fisher
Samuel Fisher
Brenda Fisher Vigliotti
Zachary Shapiro
Benjamin Shapiro
Adam Shapiro

Eleanor Flomenhaft

Martin Flomenhaft
Gil Sondheimer
Sera Flomenhaft

Elayne and Sirio Flores

Benjamin Flores

Abby Fox

Dylan Fox
Lindsay Fox
Remi Gordon
Meredith Gordon
Jason Gordon

Harriet and Isaac Gefen

Sheera and Asael Greenberg
Ilana Zohar Gefen Greenberg
Avishai Gefen Greenberg
Aviv Gefen Greenberg
Dalia and Yasha Feferholtz
Tamar and Mayer Grashin
Zali Gefen Grashin
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Maia Rudin

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Daniel Asher Kivell
Hallie James Kivell

Rabbi Bruce and Rachel Ginsburg

Dyonna Ginsburg Ben-Shachar and Family
Naama Segal and Family
Ariel Ginsburg and Family

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Shayna Glaser
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Joshua Scott Koby
Alexis Blair Koby
Zoe Helen Glaser

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Ranit Berman
Aviva Berman
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Eli Froikin-Gordon
Hannah Froikin-Gordon
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Ilana Kluberg
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Benjamin Adler Gordon

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Jacob Graulich
Josh Graulich
Sam Goorland
Emma Goorland
Max Graulich
Eli Graulich
Fay Graulich

Sandy z.l. and Larry Greebel

Mitchell A. and Nancy J. Greebel
Jacob Reuben Greebel
Jonah Max Greebel
Simon Tory Greebel
Isaac Myles Greebel
Mitchell B. and Stacey G. Teller
Marissa T. and Jonathan M. Lederman
Simon Matthew Lederman
Jordan Adara Teller
Jara Rose Teller
Liam Benjamin Teller
Eric P. and Carrie P.G. Abolafia
Remi Jill Abolafia
Joelle Sydney Abolafia
Logan Max Abolafia

Nancy and Mitchell Greebel

Jacob Reuben Greebel
Jonah Max Greebel
Simon Tory Greebel
Isaac Myles Greebel

H. Robert Greenbaum

Jack Greenbaum Lichtenstein
Sammy Arkin Lichtenstein
Daisy Betheny Lichtenstein
Stella Blair Laitman
Leo Maxwell Laitman

Florence Greenberg

Susan Mallis
Abby Venzor
Mark Mallis
Beth and Gary Lerner
Hannah Lerner
Shane Lerner

Joan Greenfield

Grandchildren and Eleven
Great-Grandchildren

Dr. Gale Grobstein

Emma Dillan Yaches
Stevie Lillian Kostick
Samuel Jude Yaches

Julie Gronowetter

Ilan Hayden Gronowetter
Isabella Gronowetter
Ethan Maxwell Gronowetter
Hunter Palance
Isla Palance

Gail and Barry Group

Julia Chase Gross
Oliver Nathan Gross
Caroline Kate Gross
Mia Flynn Sara
Casey Hart Sara
Evan Manning Group
Scarlott Keen Group

Trudy and Michael Haberman

Emma Haberman
Bree Haberman
Alexandra Haberman
Audrey Haberman
Justin Isban
Alexis Isban

Zoya and Elik Halal

Ilan Halal
Jill Halal
Matthew Halal
Jessica Halal
Noah Halal
Arianna Halal
Bella Ita Halal
Judah Halal

Joan and David Haspel

Donna and Jack Culver
Joshua Saul Culver
Sarah Elizabeth Culver
Richard and Jean Haspel
Lily Haspel
Jacob Haspel

Ronni and Dr. Fred Hirsh

Jodi Michelle Herbsman
Adam Herbsman
Lara Anne Damashek
Harris Damashek
Alan Louis Hirsh
Tracy Hirsh
Braden Ray Herbsman
Ellie Parker Damashek
Spencer Henry Herbsman
Noah Hudson Damashek
Lexi Astor Hirsh
Andie Brook Hirsh

Shari and Steven Hymowitz

Sean Phillip Hymowitz
Evelyn Bagdasarova
Erin and Nolan Kartholl

Helen Ingerman

Children/Grandchildren &
Great-grandchildren

Raquel and Lee Israel

Jackson Avery Israel
Madison Alexa Israel

Harriet Kagan

Michael Kagan
Joshua Kagan
Damon Gang
Kagan Grandchildren

Lori and Andrew Kahn

Aaron Kahn

Sue and Ted Kahn

Children and Grandchildren

Harriet and Mark Kalish

Samuel Harris Kalish

Book of Life Honor Roll

Leah Isabelle Kalish
Hannah Celia Levy
Jonah Aaron Levy
Ariella Ruth Levy
Abigail Tamar Levy

Judith and Martin Kaplan
Benjamin Simon Samuelson
Eliot Asher Samuelson
Harrison Kaplan
Eliana Rosen
Julia Rosen

Joan and Dr. Mark Kavarsky
Sam Kavarsky
Gary Kavarsky

Nancy and Michael Kimmel
Dylan Toll
Tyler Toll
Jason Kimmel

Mindy and Steven Kirtman
Michael Kirtman
Harrison Kirtman

Barbara Kolb
Jane Kolb Quinn
Edward Quinn
Breana Quinn
Kayleigh Quinn
Thomas Kolb
Karen Kolb
Samantha Kolb
Spencer Kolb

Paulette and Michael Korson
Janine Gutman
Robert Gutman
Olivia Gutman
Brent Korson
Jake Gutman

Elise and Gilbert Kreiss
Mia Kreiss
Brynn Goldberg
Sam Kreiss

Nancy and Stephen Kronick
Joshua Kronick
Michal Kronick
Yehuda Kronick
Ari Kronick
Coby Kronick

Stephanie and Mitchell
Kuropatkin
Jordan Scott Kuropatkin
Lindsay Morgan Kuropatkin
Samantha and Matthew
Mutterperl
Remi Spencer Mutterperl

Valerie Lager
David Lager
Ross Lager

Maddi and Ben Lavin
Suzanne and Salim
Aaron David Samuel
Jordan Harris Samuel
Rachel and Kanad Naima Devi

Wendy and Richard Lehman
Jesse Lehman
Sammy Lehman
Skylar Lehman
Mandy Thomson
Travis Lehman

Alina and Alex Lubarsky
Bashel Sarina Lubarsky
Adriel Roni Lubarsky
Solomon Felix Shaltiel
Sophia Lea Shaltiel
Benjamin Joel Satanovsky

Natalie and Stewart Lyons
Isabelle Lyons
Olivia Lyons
Asher Lyons

Jackie and Mitchell May
Haylee Michelle May
Allison Sydney May
Alex Brandon May
Chelsea Eden May

Beth and Craig Meltzer
Carly Elisabeth Meltzer
Courtney Aliy Meltzer
Jon Baum
Isabella Jade Baum
Zoey Parker Baum
Doug Hollister
Tonya Hollister

Wendy and Warren Muchnick
Miranda Baltaxe
Adam Baltaxe
Lila Baltaxe
Arden Kolodner
Zayne Kolodner
Jake Muchnick
Joseph Muchnick
Jayden Muchnick

Andrea and Alan Oberstein
Jeremy Oberstein
Jaime Oberstein

Arthur Okun
Endi R. Avery
Lauren Rubin
Rachel Rubin
Benjamin Okun
Brandon Okun
Jill G. Okun
Brad Okun
Jill W.h

Ray and Eric Oppenheimer
Brad Ball

Randi Ball
Samantha Ball
Logan Ball

Rita Palley
Joan Guskin
Adam and Ronnit Palley
Ariel, Sigal and Gilad Palley
Jennifer Guskin
Joshua and dani Guskin
Sara and Nick Block
Tamara Palley and Mustofa
Abdullah
Ethan and Lilly Slater
Chaya Meril, Malka, Ariyih
Boruch Block and Iris Guskin

Gladys Pascher
Djuna Danielle Pascher

Cheryl and Warren Prosky
Matthew and Lara Prosky
Perri Prosky

Elaine and Brian Rappaport
Sam Nathan Moser
Lindsey Faye Moser
Daniel Scott Kahn
Jordana Lily Kahn

Harriette and Neal Romanoff
Ally Max Kaplan
Casey Lauren Kaplan
Dani Sophia Cohen
Samuel Harris Cohen

Fran and Jerry Rosen
Ethan
Lyam
Juliett
Lila
Zachary

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Ali Rosenberg
Amanda Rosenberg
Sage Rosenberg
Lindsey Rosenberg
Benjamin Rosenberg

Julia and Richard Rosenfeld
Jacob Ari Rosenfeld

Mindy and Peter Savitt
Melissa Savitt
Alexandra Burale

Susan and Lee Schlusel
Andy Schlusel
Caleb Schlusel
Madeline Schlusel
Owen Schlusel

Ruth and Barton Schwartz
Jesse Mitchell Gutstein

Jolie Ryan Gutstein
Bowie Harper Schwartz
Knox Modi Schwartz

Jodi and Gabriel Shamir
Ari and Shelby Shamir
Shira Shamir

Anita and Izzy Sheps
Chloe Karp
Daniel Karp
Ethan Karp
Maxwell Tracey
Leo Tracey

Joan and Dr. Steven Sherman
Debra and Simon Orner
Kira Orner
Sam Orner
Molly Orner
Stella Orner
Jacob and Dena Sherman
Sima Sherman
Leora Sherman
Zachary and Rachel Sherman
Tziporah Sherman

Myra and Andrew Slepoy
Isabel and Robert Spiro
Dara Slepoy

Vicki and Alex Sreter
Mackenzie William Berman
Harper Drew Berman
Reese Delaney Berman
Benjamin Marc Greissman
Laine Deborah Greissman
Abby Dylan Sreter
Madison Jill Sreter
Wesley Hudson Sreter

Stacey and Mitchell Teller
Marissa and Jon Lederman
Simon Matthew Lederman
Jordan Teller
Jara Teller
Liam Teller

Dr. Sam Unterricht
Rachel Caryn Unterricht
Allison Stacy Unterricht
Stephanie Beth Unterricht

Helen and Roni Werman
Aurite Leah Werman
Hadas Jeanne Werman

Ann Wertheim
Great-Grandchildren

Georgene and Steven Winick
Michael Gabriel Winick
Nathan Hunter Winick
Oliver Miles Huttle



Cantor
Moshe Weiss

THE POWER OF T'FILAH – THE POWER OF A WORD

What began as a simple, almost casual choice on my part when joining Rabbi Ginsburg in designing our “new normal” *Kabbalat Shabbat* virtual program, has turned into a significant learning experience for me; one that, in sharing the particulars thereof with you, I hope will offer you, as it has for me, much needed strength during these fearful times.

If you've been attending our *erev Shabbat Zoom Kabbalat Shabbat Forshpeis* these past several months, then you are by now familiar with both the text and the melody which immediately follow the Rabbi's *D'var Torah*.

Kol ha'olam kulo, Geshet tzar m'ode; V'ha'ekar lo l'fahchade k'lal.
כל העולם כולו גשיר צר מאוד והעיקר לא לפחד כלל
The whole world, is a very narrow bridge; [but] it's essential, to have no fear at all.

The text - that is, the original text; more about that later - is by Rabbi Nachman of Breslov, great-grandson of the founder of the Hasidic movement, the *Baal Shem Tov*, and a Hasidic Rebbe of great renown himself. Born in 1772 in *Mezhibizh*, the cradle of Hasidism, Rebbe Nachman, as he is affectionately called, attracted and nurtured a following of thousands of Hasidim; that, in a lifespan of just thirty eight years. Today, more than two hundred years after his passing, Rebbe Nachman's spiritual descendants (all his children died in infancy) perpetuate his teachings and influence through the Breslov Hasidic movement.

Although many Hasidic melodies (aka *niggunim*) are, indeed, hundreds of years old, the melody so intimately associated with Hassidic Rebbe Nachman's insightful message that the two are virtually inseparable, is of recent vintage. Composed by popular Jewish music composer Rabbi Boruch Chait during the 1973 Yom Kippur War, who also performed it for Israeli soldiers stationed at the Suez Canal, it immortalized Reb Nachman's spiritual imperative. And throughout the almost half-century years since its composition, Chait's catchy and soulful melody has become a staple of everyman's core knowledge of Jewish popular music, sung and performed in settings as diverse as summer camp campfires, *motzaei shabbat kumtitz* gatherings, and - well, now, CSOI's weekly, Friday evening *Kabbalat Shabbat Forshpeis*.

But why did I choose this particular text for inclusion in our *Forshpeis*? A “narrow bridge”? And what counsel is Rebbe Nachman enjoining us to follow? Is adhering to it, even minimally realistic?

In the pandemic-ravaged world of today, the metaphor of the whole world as “a very narrow bridge” is entirely apt, needing little explanation. Truth be told, even in pre-pandemic times, who amongst us has not at one time or another felt that we are on our own personal narrow bridge, seeking to carefully traverse it?

But while Rebbe Nachman's terse, but poetic statement of the narrow bridge of life surely resonates with, I daresay, each one of us - if

not in pre-pandemic times then certainly now - his prescription therefor, strikes me as simplistic, if not downright dangerous.

“It's essential to have no fear”?! Really?! Fear is a universal emotion, and a valuable one, at that. When it mobilizes us into action, it serves a critical role, keeping us safe from danger. Ignoring the science of today's plague-ridden world, would be tantamount to intentionally endangering our lives and the lives of our loved ones. Is this what Rebbe Nachman advises? “To have no fear at all”? Who but a high-wire artist could cross “a very narrow bridge” and “have no fear at all”?

As is often the case, the true and accurate meaning of a Hebrew text, be it a millennia-year old prayer or the wise counsel of a Hasidic Rebbe, lies embedded in an understanding of the text itself and the careful choices that its author made in drafting the text as he did.

Although Rabbi Chait's popular melody has been recorded by countless artists, Jewish and not, ritually observant and thoroughly secular, for reason best known to the composer, the text that he chose, though clearly inspired by Rebbe Nachman, is a corruption of the Hasidic master's original enjoiner! And a close reading of the Hassidic master's words, reveals precisely what Rebbe Nachman had in mind.

לֹא לִפְחַד כָּלֵל - lo l'fahchade k'lal - Rabbi Chait's rendering, indeed mean, “to have no fear at all.” What Rebbe Nachman actually wrote, though, was **שְׁלֵא יִתְפַּחַד כָּלֵל!** And therein lies a world of difference. “*Yitpahchade*” is a reflexive construct of the Hebrew verb “*l'fahchade*” (to fear). The reflexive construct of a verb is utilized to express that one is doing something to, or for, oneself; not an action in which someone else is engaged on behalf of the recipient; not an activity that one does for another; solely, and exclusively, something one does unto oneself.

In conspicuously choosing to write **שְׁלֵא יִתְפַּחַד כָּלֵל**, Rebbe Nachman wrote that while the world is, indeed, a narrow bridge, it is essential that “one **not make oneself** afraid!” Way ahead of Franklin Delano Roosevelt's time, both by chronology and ethical import, Rebbe Nachman did not mean to suggest that “the only thing we have to fear is fear itself.” Au contraire!

Fears, can be real and fully justified. The viral conflagration that has enveloped most of the planet has yet to be tamed, let alone conquered. That said, Rebbe Nachman's powerful words are that we not allow our fear thereof to define us; that we not allow our fear of it to rule over us.

In the weeks and months ahead, I pray that you and your family are well; that you ride this storm wisely; with science and confidence, faith and prayer - and always, in safety.

And if you join Rabbi Ginsburg and me in the coming weeks' *Kabbalat Shabbat Forshpeis*, expect to hear the soothing words of Rebbe Nachman, the Breslover Hasid himself:

Kol ha'olam kulo, Geshet tzar m'ode;
כל העולם כולו גשיר צר מאוד
V'ha'ekar sheh'lo yitpahchade k'lal.
והעיקר שלא יתפחד כלל

Know this: that every person must cross a very narrow bridge.
The most important thing is not to succumb to fear.